February 1, 2025

Top Ten Things not to Discuss at The Thanksgiving Table

The classic Thanksgiving minefield! Here are ten topics you might want to steer clear of to keep the peace:

1. **Politics**: This one’s a no-brainer. It’s a surefire way to turn a festive meal into a heated debate.

2. **Religion**: Another sensitive topic that can lead to disagreements.

3. **Money**: Discussions about finances can make people uncomfortable.

4. **Personal Relationships**: Avoid bringing up anyone’s love life or lack thereof.

5. **Parenting Styles**: Everyone has their own methods, and critiquing them can lead to tension.

6. **Dietary Choices**: Whether it’s veganism, keto, or anything else, it’s best to let people eat in peace.

7. **Health Issues**: Not everyone wants to discuss their medical history over turkey.

8. **Work Problems**: Leave the office drama at the door.

9. **Past Family Conflicts**: Bringing up old arguments can reignite them.

10. **Future Plans**: Sometimes, people don’t want to be reminded of what they haven’t figured out yet.